

Supplements for Each of the Five-Element Horse Personality Types

Element Type	Motto and Typical Traits	Patterns When Out of Balance and Personality Summary	Supplements for Each Type
Water	Motto: "Can I trust you?" Typical Traits: Highly sensitive, strong-willed, athletic	Patterns When Out of Balance: Fearful, needy, physically weak Personality Summary: Best with a confident owner, the animated park horse	Pre-Pro Ani-Motion Relax Blend RelaxHer Blend Aloe Vera Juice Dandelion Leaf Chasteberry Colic Pro Ulcer Answer Plus Muscle Mass Pro Injury Pro
Fire	Motto: "Look at me!" Typical Traits: Friendly, sensitive, affectionate, eager to please, pretty, fine-boned	Patterns When Out of Balance: Anxious, over-reactive, nervous Personality Summary: For a sensitive owner, the perfect show horse	Pre-Pro Relax Blend RelaxHer Blend Assure Guard Aloe Vera Juice Sweet Mare Plus Colic Pro Ulcer Answer Plus Muscle Mass Pro Injury Pro
Wood	Motto: "I will win!" Typical Traits: Strong-willed, competitive, athletic, powerful	Patterns When Out of Balance: Pushy and aggressive or apathetic and depressed Personality Summary: Firm consistent handling required, the ultimate competitor	Pre-Pro Relax Blend RelaxHer Blend Citrus C/Q Ani-Motion Dandelion Leaf Dandelion Root Milk Thistle Green Clay Chasteberry Sweet Mare Plus Colic Pro Ulcer Answer Plus Injury Pro
Metal	Motto: "What's my job?" Typical Traits: Hard-working, consistent, dependable, tough, aloof	Patterns When Out of Balance: Rigid, shut down, unresponsive Personality Summary: Hard working and self-contained, the hard-working ranch horse	Pre-Pro Bleeders Blend Citrus C/Q Garlic Plus C Aleira Ani-Motion Fly Away Garlic Milk Thistle Colic Pro Ulcer Answer Plus Injury Pro Stomach Soother
Earth	Motto: "Let's be a team!" Typical Traits: Easy-going, willing, great with kids, easy-keeper, stocky build	Patterns When Out of Balance: Lazy, grouchy, apathetic Personality Summary: Loves children, the dependable lesson horse	Pre-Pro Aloe Vera Juice Equinacea Ani-Motion Colic Pro Ulcer Answer Plus Injury Pro Stomach Soother